

T² High Performance Training, LLC

PARTICIPANT/MINOR PARTICIPANT WAIVER AND RELEASE OF LIABILITY

In consideration of the opportunity to participate in the T² High Performance Training, LLC (Company) training program (Event), whose registration process requires me to accept this agreement, the undersigned hereby agrees to the following Waiver and Release of Liability (Agreement):

1. Waiver and Release of Liability: My/My child's participation in the Event is voluntary and subjects me/my child to the possibility of physical injury, of varying degrees and severity, including serious physical impairment, permanent disability, and/or death, as well as the potential loss of, or damage to, my/my child's property (collectively, Risks). Accordingly, the undersigned agrees to the following:

a. I hereby release and hold harmless the Company, its officers, directors, employees, agents, volunteers, and contractors (collectively, Releasees) from any claim, demand, loss, liability, damages, and attorney fees and costs, whatsoever, arising from, related to, or resulting from these Risks (Claims), including those caused by the negligent acts or omissions of any or all of the Releasees.

b. I recognize the physical exertion involved in the event and attest and certify that I/my child am/is physically fit to compete safely, and I/my child have/has not been advised otherwise by a health care professional.

c. As between each of the Releasees and me, I will be solely responsible for any and all medical and related bills that I/my child may incur because of any injury, as well as costs related to loss or damage to my/my child's property, that I/my child may sustain as a result of my/my child's participation in the Event, including those sustained on the premises where the Event is conducted and while I/my child am/is traveling to and from such premises, regardless of the location or mode of transportation.

d. This Agreement shall be binding on my estate, heirs, executors, administrators, successors, and assigns, as well as any other party asserting a Claim on my behalf or on behalf of my estate.

2. General Provisions:

a. I hereby expressly agree that (1) this Agreement shall be governed and construed according to the laws of the state of Michigan without regard to its conflict of laws provisions and (2) any action or proceeding concerning any Claim, or the meaning or effect of any provision of this Agreement, shall only be conducted in the federal or state courts located in Detroit, Michigan, and that for such purposes, I expressly submit to the jurisdiction of such courts.

b. This Agreement contains the entire understanding between and among the parties concerning these matters. No waiver, modification, or amendment of any of the terms of this Agreement shall be effective unless made in writing and signed by the party to be charged.

c. I hereby expressly agree that if any portion of this Agreement is held invalid, the balance of the Agreement shall nonetheless continue in full legal force and effect.

I warrant that I have read and understand that this Agreement involves my waiver and release of significant rights and my assumption of significant indemnification responsibilities in participating in the Event.

PARENT/GUARDIAN SIGNATURE

PRINT NAME

Date Signed: _____